



**DELIGHT IN THE WORD
CHALLENGE**

March
2019

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><i>Fast from Negativity; Feast on God's Promises</i></p>					1	2
3	4 Fast from: I'm so worried. Read 1 Peter 5:7	5 Fast from: I'm a worrier. Write 1 Peter 5:7	6 Fast from: No one cares. Share 1 Peter 5:7	7 Fast from: I don't understand the Bible Read Psalm 119:18	8 Fast from: The Bible is too boring. Write Psalm 119:18	9 Fast from: The Bible is not relevant to my life. Share Psalm 119:18
10	11 Fast from: I hate Mondays Read Psalm 118:24	12 Fast from: I'm having a bad day. Write Psalm 118:24	13 Fast from: I'm not happy. Share Psalm 118:24	14 Fast from: This situation is hopeless. Read Psalm 43:5	15 Fast from: I feel hopeless Write Psalm 43:5	16 Fast from: I can't help the way I feel. Share Psalm 43:5
17	18 Fast from: I'm not pretty. Read Psalm 45:11	19 Fast from: Does Jesus really love me? Write Psalm 45:11	20 Fast from: God just puts up with me. Share Psalm 45:11	21 Fast from: I hate my _____ Read Psalm 139:14	22 Fast from: I am too _____ Write Psalm 139:14	23 Fast from: If only I was like _____ Share Psalm 139:14
24	25 Fast from: My dreams will never come true. Read Psalm 37:4	26 Fast from: It's up to me to make my dreams come true. Write Psalm 37:4	27 Fast from: God doesn't care what I like. Share Psalm 37:4	28 Fast from: I'm too tired. Read Ephesians 3:16	29 Fast from: I'm not strong enough. Write Ephesians 3:16	30 Fast from: I'm powerless. Share Ephesians 3:16
31	<p>Mondays & Thursdays: Read promise in several different translations. Save wallpaper to phone or print out art print. (Grab from DITW Club or make your own.)</p> <p>Tuesdays and Fridays: Write the Scripture. Personalize and pray the promise back to God.</p> <p>Wednesdays & Weekends: Share the promise. (in person, on social media, text, mail, etc.)</p>					